

## MEDIA RELEASE

**24 February 2024**

For Immediate Publication

### **INAUGURAL NUHS CAREGIVERS' DAY AIMS TO EMPOWER CAREGIVERS AND RECOGNISE THEIR JOURNEYS**

*Event lineup includes an award ceremony, as well as talks to educate and link caregivers to relevant support and resources*

SINGAPORE — On 24 February 2024, the National University Health System (NUHS) celebrates the vital role caregivers play in healthcare with its inaugural **NUHS Caregivers' Day**. The event will be held at Ng Teng Fong General Hospital, and is expected to bring together nine partner organisations and over 100 caregivers with the aim of uplifting and empowering caregivers, recognising the sacrifices they make for the people they cherish.

Partners of the **NUHS Caregivers' Day 2024** include:

- Agency for Integrated Care (AIC)
- Caregivers Alliance Limited (Singapore)
- Caring Hearts Support Group
- Club HEAL
- Dementia Singapore
- Movement for the Intellectually Disabled of Singapore (MINDS)
- NTUC Health
- Singapore National Stroke Association (SNSA)
- TOUCH Community Services

Through informative booths and talks, the event will provide caregivers with valuable access to services, community resources and assistance, to help them grow in knowledge and capability to manage their caregiving responsibilities.

The highlight of the day is a special award ceremony that honours eight exceptional and inspiring caregivers nominated by NUHS healthcare staff. These caregivers have exemplified extraordinary dedication, going above and beyond in caring for their loved ones.

From a dedicated husband who ingeniously devised a new way to communicate with his wife amidst her struggle with a debilitating autoimmune condition, to a foreign domestic worker who selflessly spent over a decade caring for her older employers as if they were her own parents until their final days, the **NUHS Caregiver Awards 2024** spotlights their remarkable empathy, resilience and strength. Their stories underscore the pivotal role that caregivers play in care delivery, by being an active partner and offering critical feedback to the care team.

Ms Cheung Siew Li, Group Chief Patient Officer at NUHS, said: “At the heart of positive health outcomes lies the home, where caregivers serve as invaluable care partners in our healthcare ecosystem. By equipping them with skills, knowledge and connections, they would be able to provide optimal care for their loved ones, leading to improved health outcomes. Their dedication and compassion are the pillars of our caregiving community, inspiring us all to strive for excellence in care.”

## Chinese Glossary

National University Health System (NUHS)	国立大学医学组织 (国大医学组织)
NUHS Caregivers' Day	国大医学组织 看护者关怀日
NUHS Caregiver Award	国大医学组织 看护者奖
Caring Hearts Support Group	关爱之心互联小组
Ms Cheung Siew Li Group Chief Patient Officer National University Health System (NUHS)	张秀丽女士 集团首席病人护导官 国大医学组织

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### About the National University Health System (NUHS)

The National University Health System (NUHS) aims to transform how illness is prevented and managed by discovering causes of disease, development of more effective treatments through collaborative multidisciplinary research and clinical trials, and creation of better technologies and care delivery systems in partnership with others who share the same values and vision.

Institutions in the NUHS Group include the National University Hospital, Ng Teng Fong General Hospital, Jurong Community Hospital and Alexandra Hospital; three National Specialty Centres – National University Cancer Institute, Singapore (NCIS), National University Heart Centre, Singapore (NUHCS) and National University Centre for Oral Health, Singapore (NUCOHS); the National University Polyclinics (NUP); Jurong Medical Centre; and three NUS health sciences schools – NUS Yong Loo Lin School of Medicine (including the Alice Lee Centre for Nursing Studies), NUS Faculty of Dentistry and NUS Saw Swee Hock School of Public Health.

With member institutions under a common governance structure, NUHS creates synergies for the advancement of health by integrating patient care, health science education and biomedical research.

As a Regional Health System, NUHS works closely with health and social care partners across Singapore to develop and implement programmes that contribute to a healthy and engaged population in the Western part of Singapore.

For more information, please visit [www.nuhs.edu.sg](http://www.nuhs.edu.sg).