

NATIONAL PREVENTIVE MEDICINE RESIDENCY PROGRAMME

Preventive Medicine focuses on the health of individuals and communities in order to promote, protect and maintain health and well-being and to prevent disease, disability and premature death.

The National Preventive Medicine Residency Programme in the National University Health System encompasses the previous national specialist training programmes in Public Health and Occupational Medicine. The Programme equips residents with a sound and broad foundation in Public Health and/or Occupational Medicine, with the knowledge, skills and experiences to become future leaders in health and healthcare systems.

Besides institutions within NUHS, residents may be deployed to a diverse group of participating sites which provide training and future employment opportunities for residents, including Health Promotion Board, Ministry of Health, Ministry of Manpower, Singapore Armed Forces, National Healthcare Group and SingHealth. These sites offer a wide spectrum of training within nurturing environments under the close supervision and mentorship of experienced faculty.

Upon successful completion of the residency, residents will be ready for a fulfilling career in the public sector, private sector, academia, non-governmental organisations or international health organisations.

Outstanding Features

- A national programme which offers a broad range of experiential learning across multiple participating sites not just in the public healthcare clusters but in many other Public Health agencies.
- Strong teaching culture with outstanding teaching faculty.
- Robust academic training through the National University of Singapore Master of Public Health with specialisations in Occupational Health and other areas.
- Self-directed development with the guidance of supervisors and mentors through a portfolio-based summative support system

We are an internationally recognised training centre that has produced leaders in Public Health and Occupational Medicine in Singapore, regionally and globally for more than five decades.



A/Prof Jason Yap
Programme Director



Programme Structure

The Preventive Medicine Residency Programme comprises a three-year junior residency and a two-year senior residency.

Junior Residency

During the junior phase, residents round off their experience in primary care, become familiar with infectious disease outbreak management, and learn how to navigate and operate in a Public Health policy environment. Residents must complete a Master of Public Health, either locally or abroad, to be considered for promotion to senior residency when they demonstrate that they have achieved the basic competencies of a Public Health medical practitioner.

Residents will gain the appropriate experience in rotations focusing on their areas of interest, including Occupational Medicine, Health Promotion, Population Health, Communicable Disease, Healthcare Management and others.

Senior Residency

Senior residents gain experience in at least two different sites during their senior residency. They will sit for the Exit Examination to qualify for accreditation as a Public Health or Occupational Medicine specialist on fulfilling the specialist accreditation requirements, including publishing a first-author peer-reviewed journal article.

