



Dr Matthew Chen
Programme Director

NUHS GERIATRIC MEDICINE SENIOR RESIDENCY PROGRAMME

Geriatric Medicine is a specialty that delivers person-centred and evidence-based care to older adults. We care for Singapore's rapidly ageing population which spans an entire spectrum of health states, ranging from those who are ageing healthily to those who are frail and vulnerable with complex needs, with a goal to enable all to age in place, maintain the function and quality of life they desire, and extend their healthspan. We work as a multidisciplinary team together with other healthcare professionals such as nurses, physiotherapists, occupational therapists, speech therapists, dietitians, pharmacists and social workers, and collaborate with other specialities and community partners to holistically address the multidimensional needs of older adults.

The NUHS Geriatric Medicine Senior Residency Programme aims to groom geriatricians that will become leaders of tomorrow with interests in research, medical education, and administration.

The programme is conducted in conjunction with the ACGME-I accredited NUHS Internal Medicine Residency Programme.

Outstanding Features

- Evidence-based curriculum designed to train and nurture trainees to assume leadership positions.
- Rotations within and out of NUHS will provide broad experiences in acute clinical settings and extensive exposure to community based services.
- Senior residents will be encouraged to develop their interests in medical education, clinical research or hospital administration and we will nurture their interests through structured training.
- Multiple opportunities within the NUHS system to help develop innovative services to aid patients' wellbeing in the community.

Programme Structure

The NUHS Geriatric Medicine Senior Residency Programme is a three-year programme (two years ACGME-I accredited and one year JCST accredited) for highly motivated and driven internal medicine and family medicine residents.

We offer diverse clinical experiences both in the acute and community care settings, a comprehensive didactic curriculum and career development programmes in medical education, research and / or hospital administration provided by committed faculty.

The programme is an integrated experience providing both rotational clinical blocks and longitudinal clinical care based at several sites:

- National University Hospital
- Ng Teng Fong General Hospital
- Alexandra Hospital
- Tan Tock Seng Hospital
- Changi General Hospital
- Khoo Teck Puat Hospital
- St. Luke's Hospital
- Jurong Community Hospital
- Institute of Mental Health
- Dover Park Hospice
- Hospice Care Association
- Ren Ci Hospital
- Tsao Foundation's Hua Mei Mobile Clinic Home Care Service

Senior residents will gain skills through a combination of supervised clinical experiences and formal national didactic teaching. In addition to the essential medical knowledge, each Senior Resident will develop leadership and teaching skills, professional attitudes, and practical experiences to enable them to be fully prepared to provide evidence-based patient centred care to older patients in acute hospital, clinic and intermediate and long term care settings.

Sample Block Rotation

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
SR 1	NUH / AH / NTFGH Geriatric Med												
SR 2	NUH / AH / NTFGH Geriatric Med						CGH Geriatric Med	NUH Rheum / NUH Uro	NUH Pall	DPH / HCA	IMH PsychoG / NTFGH PsychoG	TTSH Geriatric Med	
SR 3	NUH / TTSH Rehab Med	SLH / JCH	Tsao Foundation/ Nursing Home/ NUH Neuro	NUH / AH / NTFGH Geriatric Med									

* **NOTE:** Block rotation is subject to changes

Legend

NUH: National University Hospital
 NTFGH: Ng Teng Fong General Hospital
 AH: Alexandra Hospital
 TTSH: Tan Tock Seng Hospital
 CGH: Changi General Hospital
 KTPH: Khoo Teck Puat Hospital

SLH: St Luke's Hospital
 JCH: Jurong Community Hospital
 DPH: Dover Park Hospice
 HCA: Hospice Care Association
 IMH: Institute of Mental Health