Geriatric Medicine is a specialty that delivers person-centred and evidence-based care to older adults. We care for Singapore’s rapidly ageing population which spans an entire spectrum of health states, ranging from those who are ageing healthily to those who are frail and vulnerable with complex needs, with a goal to enable all to age in place, maintain the function and quality of life they desire, and extend their healthspan. We work as a multidisciplinary team together with other healthcare professionals such as nurses, physiotherapists, occupational therapists, speech therapists, dietitians, pharmacists and social workers, and collaborate with other specialities and community partners to holistically address the multidimensional needs of older adults.

The NUHS Geriatric Medicine Senior Residency Programme aims to groom geriatricians that will become leaders of tomorrow with interests in research, medical education, and administration.

The programme is conducted in conjunction with the ACGME-I accredited NUHS Internal Medicine Residency Programme.

**NUHS GERIATRIC MEDICINE SENIOR RESIDENCY PROGRAMME**

Dr Matthew Chen
Programme Director

**Outstanding Features**

- Evidence-based curriculum designed to train and nurture trainees to assume leadership positions.
- Rotations within and out of NUHS will provide broad experiences in acute clinical settings and extensive exposure to community based services.
- Senior residents will be encouraged to develop their interests in medical education, clinical research or hospital administration and we will nurture their interests through structured training.
- Multiple opportunities within the NUHS system to help develop innovative services to aid patients’ wellbeing in the community.
Senior residents will gain skills through a combination of supervised clinical experiences and formal national didactic teaching. In addition to the essential medical knowledge, each Senior Resident will develop leadership and teaching skills, professional attitudes, and practical experiences to enable them to be fully prepared to provide evidence-based patient centred care to older patients in acute hospital, clinic and intermediate and long term care settings.

Sample Block Rotation

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<th>CGH Geriatric Med</th>
<th>NUH Rheum / NUH Uro</th>
<th>NUH Pall</th>
<th>DPH / HCA</th>
<th>IMH PsychoG / NTFGH PsychoG</th>
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*NOTE: Block rotation is subject to changes*

Legend

NUH: National University Hospital
NTFGH: Ng Teng Fong General Hospital
AH: Alexandra Hospital
TTSH: Tan Tock Seng Hospital
CGH: Changi General Hospital
SLH: St. Luke’s Hospital
JCH: Jurong Community Hospital
DPH: Dover Park Hospice
HCA: Hospice Care Association
IMH: Institute of Mental Health