

NUHS NATIONAL POST GRADUATE YEAR 1 PROGRAMME

The NUHS National Postgraduate Year 1 (PGY1) programme takes care of PGY1 doctors rotating through clinical postings at the National University Hospital (NUH) and Ng Teng Fong General Hospital (NTFGH).

PROGRAMME VISION

We aim to build the **strong foundation** of an **all rounded-doctor** equipped with the **NUHS TRICEP values** – **Teamwork, Respect, Integrity, Compassion, Excellence and Patient-centredness**.

PROGRAMME MISSIONS

We aim to provide an **integrated, structured and comprehensive training programme** for the PGY1 doctors at NUHS in the areas of:

- 1. Clinical Education and Training:** We provide broad-based teaching and expansive clinical exposure under close supervision with opportunities for academic stimulation and growth.
- 2. Pastoral Care and Welfare:** We provide mentorship and opportunities for growth and development in the holistic and humanistic way.
- 3. Assessments:** We provide seamless support for the formative assessments to ensure smooth applications for full medical registration with the Singapore Medical Council.
- 4. Administration:** We provide administrative and logistic support for the clinical postings, from beginning to end.

TRAINING SITE

NUHS is an Integrated Academic Health System and Regional Health System serving the community in the western region of Singapore.

At NUHS, PGY1 rotations take place at **NUH and NTFGH**. We are **independent training sites** that share **common visions and missions, and maintain the tradition of clinical mentoring and teaching stemming from our academic history**.

We offer **diverse clinical and academic experiences** and provide **broad-based training**. PGY1 doctors have the opportunity to rotate through the Internal Medicine, General Surgery, Orthopaedics, Obstetrics & Gynaecology and Paediatric Medicine disciplines (the latter 2 are available at NUH only).

Within each posting, PGY1 doctors are rotated through different sub-specialty teams. For example in NUH and NTFGH Medicine posting, they will gain experience in the management of cardiology, respiratory, gastroenterology, nephrology, neurology, endocrinology, palliative medicine, and geriatric medicine conditions.

A PGY1 doctor **can choose any clinical posting at either institution** during the internship period through the MOHH posting exercise.



OUTSTANDING FEATURES OF THE NUHS PGY1 PROGRAMME

- **ALL the core clinical disciplines** accredited by the Ministry of Health are available in NUHS. Obstetrics & Gynaecology and Paediatric Medicine are available in NUH only.
 - PGY1 doctors can experience multi-disciplinary collaborations and management of patients due to the vast numbers of specialties in our hospitals.
- NUHS offers **academic and clinical teaching through mentoring**
 - PGY1 doctors will be exposed to **good patient case mix and well-balanced case load** which provides optimum time for training and supervision.
 - PGY1 doctors will learn about **community healthcare** from the seamless healthcare model within the Regional Health System.
 - PGY1 doctors will have opportunities to manage **challenging and complex cases** at the Integrated Academic Health System.
- **Didactic and clinical teachings** are provided by a panel of outstanding and dedicated teaching faculty who are always ready to share their knowledge and insights. We feature:
 - **Protected teaching time for junior doctors**
 - **Core Education Programme (CEP)** – These twice-weekly sessions are prepared and delivered by specialists in the core PGY1 disciplines and serve to promote application of academic knowledge in practical situations.
- We emphasise on **pastoral care and professional development of the junior doctor**. Unique initiatives include:
 - **Faculty panel** who were hand picked for their passion and dedication to mentoring PGY1s.
 - **Mind-Body Medicine (MBM)** – These monthly sessions introduce concepts of mindfulness and reflection to PGY1 doctors to help them develop resilience.
 - **Regular engagement and feedback sessions** with Faculty members to identify and resolve issues encountered by PGY1 doctors.
 - **Float system (instead of night calls)** for selected clinical postings.

CHOOSE A NUHS CLINICAL POSTING AND EXPERIENCE THE NUHS CULTURE!

- Join NUHS as a PGY1 doctor and decide if you want to pursue further training and a career in NUHS
- **Register your interest with us so we are aware of your intention to join us through the following ways:**
 - YLL/LKC/Duke-NUS final year medical students can attend our annual Meet-the-Faculty session (December period). Notice will be given through the medical schools.
 - Overseas final year medical students can email us:
 - NTFGH: NTFGH_PGY1@nuhs.edu.sg
 - NUH: sin_yee_queh@nuhs.edu.sg
- **Most importantly, choose NUH and/or NTFGH postings as your FIRST CHOICE** in the MOHH posting exercise
- **MOHH does the matching of the postings and will inform you of the results**
- **The NUHS PGY1 Programme will take care of all PGY1 doctors posted to us**
- Refer to the FAQs or our website (<https://www.nuhs.edu.sg/education/NUHS-Residency/Residency-Programmes/>) for more details

