

## Frequently Asked Questions – NUHS Residency Programme

### 1. What are the unique qualities of NUHS Residency programmes?

NUHS is an integrated academic health system where our institutions offer a good patient case mix and well-balanced case load which allows our faculty to allocate adequate time to train and supervise. Being affiliated with the NUS Yong Loo Lin School of Medicine, we have very experienced teachers and mentors.

We have a strong teaching culture where residents are well-guided by passionate seniors in their spirit of paying-it-forward.

As an academic institution, NUHS residents get to practice evidence-based medicine in an environment of continual innovation and improvement. There are opportunities for concurrent involvement in distinction tracks such as Medical Education as well as Quality and Innovation. Residents can also look forward to opportunities for research and leadership development.

NUHS Residency supports its residents through mentoring, coaching counselling and role modelling in their identity formation to become outstanding specialists to care for our patients

In addition, NUHS Residency has a pastoral care programme for all junior doctors where they can receive emotional support and build up their mental resilience in a secure and private platform.

### 2. Why choose NUHS and why now?

At NUHS, we are committed to passing on our knowledge to the next generation through training. Our goal is to build a better healthcare system for Singapore and our mission is to improve the health of the population by harnessing strengths in clinical care, education and research.

Join the NUHS team to create a better healthcare system for Singaporeans and the future. At NUHS, you will acquire future-ready knowledge and skills such as informative skills, in-depth understanding of a health system, our new models of care, data analytics and digital health. These new knowledge and skill sets will put you a better position for your future career. There are also opportunities to grow your interest in these three areas –

- Clinical Care: You can develop into a master clinician taking care of our patients
- Education: You can be a teaching faculty member with our affiliated NUS Yong Loo Lin School of Medicine
- Research: You can join our clinician scientist track

For more information, please visit our Careers Page [here](#).

### **3. What is different at NUHS?**

Residents will get opportunities to be rotated between the three campuses under NUHS – Kent Ridge, JurongHealth and Alexandra Campuses. With each rotation, they are able to experience unique training features in the programme that each campus provides.

At JurongHealth Campus, residents will experience a diverse range of complex patient care needs as the two hospitals were built as an integrated development to complement each other and transform the way healthcare is provided to the community. The 700-bed Ng Teng Fong General Hospital and 400-bed Jurong Community Hospital work closely with the other healthcare institutions in the NUHS cluster, family clinics and community partners to provide a wide range of healthcare services to serve the population in the West of Singapore.

Alexandra Hospital (AH) focuses on redesigning healthcare with and for our population. It is the first Integrated General Hospital in Singapore providing holistic and seamless care from acute, sub-acute to rehabilitative settings, reducing the need for a patient to transfer to another healthcare institution. AH is also the site for staging innovative health and care. Residents will get to understand how such integration with research and education at AH is important in contributing to good clinical care.

With NUS as an affiliated university, NUHS offers good academic (education and research) opportunities for residents who are looking beyond just providing clinical care.

### **4. What are the qualities in residents that NUHS is looking out for?**

At NUHS, our TRICEP values encapsulates the qualities in residents that we are looking out for - Teamwork, Respect, Integrity, Compassion, Excellence and Patient-centeredness. These are not just values embossing our hallways but held dear and lived out through our daily lives as we care for our patients, teach and carry out all our daily activities.

### **5. How crucial is research in residency application?**

Research is not mandatory at the point of joining our residency programme. We focus more on the commitment you show in your work and your initiative in a team setting.

### **6. What is the balance like between service and education?**

Service (work) and education (becoming a specialist) goes hand in hand together and should not be separated. You should use every opportunity to maximise your learning experience.

### **7. Other than Residency, what other opportunities can I get at NUHS?**

If you are not ready to join Residency, you can join the NUHS team as a Medical Officer (MO) doing MOPEX rotation with us.

At NUHS, we believe that future doctors are not only specialists in their focus areas, but they must also be a generalist with a diverse skill set so that they can integrate knowledge and science to contribute to a better health system.

Therefore, in addition to the modular training embedded in the MOPEX posting, we encourage our MOs to join continual education and training programmes in digital health, computer science, quality improvement and design-thinking.

We want to provide the complete training experience for our MOs and to nurture them to be empathetic and technological savvy. Through the training experience, our MOs will gain insights into the possibility of creating new systems through cross disciplinary knowledge.

--Thank You--