

# NUHS INTERNAL MEDICINE RESIDENCY PROGRAMME

The Department of Medicine at NUHS has a long history of excellence in patient care, education and research. Our Residency Programme reflects these strengths. Our programme is designed to ensure that training takes place in a setting that optimises residents' training needs and supports residents in delivering evidence-based patient care efficiently, effectively and safely.

We have developed a programme that integrates training in clinical competence, academic scholarship, critical thinking and personal growth. Our programme will help residents achieve mastery of clinical medicine and prepare them for the dynamic and ever-evolving practice of medicine.

## WE GROW

### Comprehensive Exposure to Specialties

National University Hospital (NUH), being an academic medical centre, provides a broad-based training with exposure to Acute and General Medicine and a wide variety of sub-specialties including Cardiology, Critical Care Medicine, Dermatology, Endocrinology, Gastroenterology and Hepatology, Geriatric Medicine, Infectious Diseases, Nephrology, Neurology, Pulmonology, Rehabilitation Medicine, Rheumatology, Palliative Medicine, Haematology and Oncology. At our participating sites, Ng Teng Fong General Hospital (NTFGH) and Alexandra Hospital (AH), residents will be involved in the delivery of holistic and integrative medical care. We emphasise effective teaching and practises the philosophy of graded responsibility for patient care to enable our residents to become independent physicians.

### Distinction Tracks

As an academic health system, residents are provided with opportunities to enhance their training through the NUHS hallmark distinction programmes – Clinician Scientist Academy (CSA), medical education, innovation and quality in healthcare, in addition to possible collaborations with outstanding researchers, teachers and innovators within NUHS including National University of Singapore (NUS).

### Strong Teaching Culture

We strongly believe in improving care through education and there are comprehensive teaching sessions led by dedicated faculty members including weekly resident teachings, PACES mentorship programme and workshops. Residents can also teach through undergraduate or near-peer teaching opportunities and are highly encouraged to attend Resident-as-Teacher workshops to continue this tradition of ours.

## WE ASPIRE

### Bettering Tomorrow Through Innovation

Through the Centre for Innovation in Healthcare, we forge partnerships with healthcare professionals, scientists, engineers, academics and industry partners to lead the adoption of innovations in health and healthcare delivery.

### Improving Practices

We leverage our unique position as an academic health system to tap on the wealth of resources residing within NUS. Through collaborations with NUS faculties, we are able to draw upon their academic, research and creative capabilities to develop solutions for existing and emerging health and healthcare needs.



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## Building Alexandra Hospital and Redeveloping National University Hospital

AH is Singapore's first Integrated General Hospital providing holistic and seamless care from acute, sub-acute to rehabilitative settings. With the tagline of "Healthcare Redesign", it is a test-bed for NUHS' value-driven, innovative and sustainable healthcare in collaboration with MOH Office for Healthcare Transformation. NUH will also undergo a massive redevelopment since being launched as Singapore's first restructured hospital in 1985 to fulfil its role as an academic health institution, tertiary hospital and major referral centre. Be part of this exciting journey to transform healthcare right in front of your eyes!

### BE INSPIRED

#### Sharing of Faculty Stories

Who could have forgotten their first resuscitation? Or when their patients died under our care despite optimal treatment? We acknowledge that this journey to excellence will be filled with memorable events, uncertainties, disappointments and possibly setbacks but we will be here to support you through sharing of stories and experiences. Remember that you are not alone as we will go through this together...

#### Valued Voices

We believe that everyone has an equal say in both patient care and in optimising the work environment. The Junior Unit against Inefficiencies (JUICE) is a resident-initiated unit which looks into the nitty-gritty issues that plague the residents' working lives. Motivated residents in JUICE brainstorm solvable problems to develop solutions and implement them while working closely with senior faculty and leadership.

Our programme is the first programme in Singapore to implement the role of the Chief Residents. We believe in nurturing our residents to become future leaders of the Singapore healthcare system. Peer-nominated residents serve as role models for their cohort and are actively involved in administrative decisions and educational initiatives which directly impact the residents.

#### Close Knitted Family

"It takes a village to raise a child". Through our regular gatherings, our relationships do not stop as a supervisor-resident one, but become mentors-mentees, confidants and friends.

### Sample Block Rotation

#### Rotations and call system

Rotations are typically planned as per the sample block rotation below, with ample opportunity to rotate through NTFGH, AH and NUH. Our programme also boasts a hybrid call and float system.

R1	GM	GM	GM	GM	GM	Renal	Geri	Respi	Neuro	EMD	Gastro/ Liver	Endo
R2	MICU	MICU	Cardio	Cardio	CCU	Neuro	Renal	GM	GM	GM	Gastro/ Liver	Rehab
R3	Haem/ Onco	Haem/ Onco	Haem/ Onco	Respi	Elective	Endo/ID	Derm/ Rehab/ Rheum	GM	GM	GM	Geri	Rheum

Note: Residents will be required to do 9-12 months rotation at NTFGH and 3 at AH

### Core Faculty



Adj A/Prof Adrian Kee



Adj A/Prof Amelia Santosa



Dr Khin Saw Myint



Dr Lin Weiqin



Dr Kenneth Sooi



Dr Kay Ng



Dr Norshima Nashi



Dr Benjamin Tay



Dr Lim Seok Mei



Dr Clare Fong



Dr James Ho



Dr Matthew Chen



Dr Chong Hui Wen



Dr Tan Rou An



Dr Lee Woan Jia



Dr Lester Juay



Dr Tham Sai Meng



Dr Chua Yan Ting



Dr Shoban Kumar