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# NUHS GERIATRIC MEDICINE SENIOR RESIDENCY PROGRAMME

Geriatric Medicine is a specialty that delivers person-centred and evidence-based care to older adults. We care for Singapore's rapidly ageing population which spans an entire spectrum of health states, ranging from those who are ageing healthily to those who are frail and vulnerable with complex needs, with a goal to enable all to age in place, maintain the function and quality of life they desire, and extend their healthspan. We work as a multidisciplinary team together with other healthcare professionals such as nurses, physiotherapists, occupational therapists, speech therapists, dietitians, pharmacists and social workers, and collaborate with other specialities and community partners to holistically address the multidimensional needs of older adults.

The NUHS Geriatric Medicine Senior Residency Programme aims to groom geriatricians that will become competent and compassionate leaders of tomorrow with interests in research, medical education, and administration.

## Outstanding Features

- Diverse and comprehensive experience in various clinical settings with extensive exposure to community-based services through rotations within and outside of NUHS.
- Senior residents will be nurtured to develop their interests in medical education, clinical research or hospital administration.
- Multiple opportunities within the NUHS system to help develop innovative services to aid patients' wellbeing in the community.

## Programme Structure

The NUHS Geriatric Medicine Senior Residency Programme is a three-year programme for highly motivated and driven internal medicine and family medicine residents.

We offer diverse clinical experiences both in acute and community care settings, a comprehensive didactic curriculum and career development programmes in medical education, research and/or hospital administration provided by committed faculty.

The programme is an integrated experience providing both rotational clinical blocks and longitudinal clinical care based at several sites:

- National University Hospital
- Alexandra Hospital
- Ng Teng Fong General Hospital
- Changi General Hospital
- Tan Tock Seng Hospital
- Institute of Mental Health
- Dover Park Hospice
- HCA Hospice
- Jurong Community Hospital
- St. Luke's Hospital
- Ren Ci Hospital
- Tsao Foundation

Senior residents will gain skills through a combination of supervised clinical experiences and formal national didactic teaching. In addition to the essential medical knowledge, each Senior Resident will develop leadership and teaching skills, professional attitudes, and practical experiences to fully prepare them to provide evidence-based patient-centred care to older patients in acute hospital, outpatient clinic and intermediate and long-term care settings.

## Sample Block Rotation

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
<b>SR 1</b>	NUH / AH / NTFGH Geriatric Med								SLH, JCH	NUH Pall	NUH Rheum, NUH Uro	NUH Neuro
<b>SR 2</b>	NUH / AH / NTFGH Geriatric Med						TTSH Geriatric Med	CGH Geriatric Med	DPH, HCA	IMH PsychoG, NTFGH PsychoG	Tsao Foundation, Ren Ci, NUHS CCT	NUH Rehab Med, TTSH Rehab Med
<b>SR 3</b>	NUH / AH / NTFGH Geriatric Med											

\* **NOTE:** Block rotation is subject to changes

## Legend

AH: Alexandra Hospital  
 CCT: Community Care Team  
 CGH: Changi General Hospital  
 DPH: Dover Park Hospice  
 HCA: HCA Hospice  
 IMH: Institute of Mental Health

JCH: Jurong Community Hospital  
 NUH: National University Hospital  
 NTFGH: Ng Teng Fong General Hospital  
 Ren Ci: Ren Ci Hospital  
 SLH: St. Luke's Hospital  
 TTSH: Tan Tock Seng Hospital

