

NATIONAL PREVENTIVE MEDICINE RESIDENCY PROGRAMME

Preventive Medicine focuses on the health of populations and communities in order to promote, protect and maintain health and well-being.

The National Preventive Medicine Residency Programme in the National University Health System encompasses the previous national specialist training programmes in Public Health and Occupational Medicine. The Programme equips residents with a broad foundation in Public Health and/or Occupational Medicine, with the knowledge, skills and experiences to become future leaders in health and healthcare systems.

Besides institutions within NUHS, residents are deployed to a diverse group of participating sites which provide training and future employment opportunities for residents, including Ministry of Health, Health Promotion Board, Agency for Care Effectiveness, Ministry of Manpower, Singapore Armed Forces, NHG Health and SingHealth.

Upon successful completion of the residency, residents will be ready for a fulfilling career in the public sector, private sector, academia, non-governmental organisations or international health organisations.

Outstanding Features

- A national programme which offers a broad range of experiential learning across multiple participating sites not just in the public healthcare clusters but in many other Public Health agencies.
- Strong teaching culture with outstanding teaching faculty.
- Robust academic training through the National University of Singapore Saw Swee Hock School of Public Health.
- Self-directed development with the guidance of supervisors and mentors through a portfolio-based summative support system

We are an internationally recognised training centre that has produced leaders in Public Health and Occupational Medicine in Singapore, regionally and globally for more than five decades.



Programme Structure

The Preventive Medicine Residency Programme comprises a three-year junior residency and a two-year senior residency.

Junior Residency

During the junior phase, residents round off their experience in primary care, become familiar with infectious disease outbreak management, and learn how to navigate and operate in a Public Health policy environment. Residents must complete a Master of Public Health, either locally or overseas, to be considered for promotion to senior residency when they demonstrate that they have achieved the basic competencies of a Public Health medical practitioner.

Residents will gain the appropriate experience in rotations focusing on their areas of interest, including Occupational Medicine, Health Promotion, Population Health, Communicable Disease, Healthcare Management, Health Economics and Outcomes Research, Health Policy and others.

Senior Residency

Senior residents gain experience in at least two different sites during their senior residency. They will sit for the Exit Examination to qualify for accreditation as a Public Health or Occupational Medicine specialist on fulfilling the specialist accreditation requirements, including publishing a first-author peer-reviewed journal article.

