





LIVE WELL CAGE WELL

Join our FREE Live Enriched programme with your friends today! Pick up useful tips for a healthy, happy lifestyle.

Learn more about our programmes at LiveWellAgeWell.gov.sg



Sign up on Healthy 365 app

Go to Explore > Events then **search** Live Enriched

Healthy Grandchild, Happy Me!

Monday, 3 November 2025 Date:

Time: 5.00pm - 6.00pm

Wellness Space @ Clementi Peaks Venue:

463 Clementi Avenue 1, #01-18, Singapore 121463



