

List of NUHS Community Events

S/N	Constituency	Event Name	Date / Day	Time	Event Venue	Registration Required	Contact Details (For Enquiries)
1	All	Monthly Caregiver Talk	Last Saturday of every month* (Except December, will be held 3 rd week of December)	1100 - 1200	Zoom	Yes	Register here: https://for.sg/caregiver For enquiries, please email: JHCampus_Life@nuhs.edu.sg
2	All	Seeing Clearly: When do Cataracts Need Treatment?	Fri, 20 Jun 25	1300 - 1400	Zoom	Yes	For enquiries, please call 6772 2184 Details of events are subject to changes. Registration is strictly required. Register here: https://for.sg/nuh-heh-jun25
3	Bukit Panjang	CHP Health Talk - Falls + Bone Health	Mon, 23 June 25	1000 - 1100	Vanguard Active Ageing Centre (Care) @ Senja Saujana Road, S(679910)	Yes	Email: aac_senja@vanguardhealthcare.com.sg Tel: 6321 6413
4	Ayer Rajah	CHP Health Talk - Healthy Living Lifestyle (5 Good Habits to Staying Healthy)*	Mon, 23 Jun 25	1400 - 1500	PPH Community Services Centre 44 Teban Gardens Road, #01-407, S(600044)	Yes	Tel: 6566 5603
5	West Coast	CHP Health Talk - Healthy Living Lifestyle (5 Good Habits to Staying Healthy)*	Wed, 25 Jun 25	1000 - 1100	Our Residents' Hub Jalan Mas Kuning Playground	Yes	Email: wcaac@sasco.org.sg Tel: 9838 9974
6	Jurong Spring	CHP Health Talk - My Healthy Plate+	Thu, 26 Jun 25	1100 - 1200	Adventist Active Centre @ Golden Peony 530A Jurong West Ave 1 , #01-907, S(641530)	Yes	Email: pzlin@adventistactive.sg Tel: 6334 5322
7	All	Boosting Brain Health: Simple Habits for a Sharper Mind at Every Age	Fri, 27 Jun 25,	1300 - 1400	Zoom	Yes	For enquiries, please call 6772 2184 Details of events are subject to changes. Registration is strictly required. Registered here: https://for.sg/nuh-heh-jun25
8	Brickland	CHP Health Talk - Healthy Living Lifestyle (5 Good Habits to Staying Healthy)*	Fri, 27 Jun 25	1400 - 1500	Fei Yue Active Ageing Centre (Sunshine Court) 476C Choa Chu Kang Ave 5, #01-43, S(683476)	Yes	Email: fy-scaac@fyccs.org Tel: 6334 0180
9	Limbang	Marsiling-Yew Tee GRC Hijrah Walk and Health Fiesta 2025	Sat, 28 Jun 25	0800 - 1100	Choa Chu Kang Stadium 1 Choa Chu Kang St 53, S(689236)	Yes	Email: PA_Limbangco@pa.gov.sg Tel: 6765 8611
10	Telok Blangah	CHP Health Talk - Diabetes+	Wed, 2 Jul 25	1030 - 1130	Dover Road RC 5 Dover Crescent #01-14, S(130005)	Yes	Email: PA_DoverCC@pa.gov.sg Tel: 6777 1540
11	Yew Tee	Health Together Carnival @ Yew Tee	Sat, 12 Jul 25	0830 - 1300	Kampong Pavilion In front of 669A Choa Chu Kang Crescent, S(681669)	Yes	Email: PA_yewteecc@pa.gov.sg Tel: 6769 3672
12	Taman Jurong	CHP Health Talk - My Healthy Plate+	Mon, 14 Jul 25	1400 - 1500	THK Active Ageing Centre @ Taman Jurong 337 Tah Ching Road, #01-01, S(610337)	Yes	Email: AAC.Tamanjurong@thkmc.org.sg Tel: 6795 1185
13	Bukit Panjang	CHP Health Talk - Healthy Living Lifestyle (5 Good Habits to Staying Healthy)*	Mon, 14 Jul 25	1100 - 1200	Fei Yue Active Ageing Centre (Fajar) 406 Fajar Road, #01-295, S(670406)	Yes	Email: fy-fjaac@fyccs.org Tel: 6370 4162
14	Chua Chu Kang	CHP Health Talk - Diabetes+	Wed, 16 Jul 25	1400 - 1500	Active Ageing Centre (Care) @ Teck Whye Vista 153 Jalan Teck Whye, #03-151, S(680153)	Yes	Email: senior@reach.org.sg Tel: 9093 6887
15	Keat Hong	Keat Hong Active Living Event	Sat, 26 Jul 25	0900 - 1100	Keat Hong Community Club Multi-Purpose Hall (Level 5), 2 Choa Chu Kang Loop, S(689687)	Yes	Email: PA_keathongcc@pa.gov.sg Tel: 6769 4194
16	Nanyang	CHP Health Talk - Understanding Dementia+	Mon, 28 Jul 25	1400 - 1500	Tzu Chi SEEN @ Nanyang 712B Jurong West St 71, #01-203, S(642712)	Yes	Email: sac@tzuchi.org.sg Tel: 6355 9068

*The entry requirement for attending these health talks is contingent upon adhering to the terms and conditions established by the active ageing centres involved.
Please note that listed events may be subject to changes without prior notice.