

★ **IT'S OUR GRAND OPENING!** ★

JOIN US TO CELEBRATE

Wellness Space @ Clementi Peaks

**EXCLUSIVE
GOODIE BAGS
UP FOR GRABS!**

SAT, 7 FEB 2026 | 2 - 5 PM
463 Clementi Avenue 1, #01-18, Singapore 120463

PROGRAMME HIGHLIGHTS

KIDS FRINGE ACTIVITIES

GOODIE BAG REDEMPTION

HEALTH TALKS & STAGE PROGRAMMES

CARNIVAL FOOD STATIONS

INTERACTIVE BOOTHS & MORE!

- 2.10pm Learn the 5 Good Habits to stay healthy (NUHS Community Care Team)
- 2.50pm Dance Showcase (My First Skool)
- 3.00pm Official Opening of Wellness Space @ Clementi Peaks
- 3.30pm Move It, Feel Young: Seated exercises for all ages (Health Promotion Board)
- 3.30pm Jazz Dance Showcase (Interest Group)
- 4.00pm Caring for your baby (National University Centre for Women and Children)
- 4.30pm Sleep Well: Tips for better rest (Ministry of Social and Family Development)