

★ IT'S OUR GRAND OPENING! ★

JOIN US TO CELEBRATE

Wellness Space @Clementi Peaks

EXCLUSIVE
GOODIE BAGS
UP FOR GRABS!

PROGRAMME HIGHLIGHTS

KIDS FRINGE ACTIVITIES



GOODIE BAG REDEMPTION



CARNIVAL FOOD STATIONS



INTERACTIVE BOOTHES & MORE!



HEALTH TALKS & STAGE PROGRAMMES

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| 2.10pm | Learn the 5 Good Habits to stay healthy (NUHS Community Care Team) |
| 2.50pm | Dance Showcase (My First Skool) |
| 3.00pm | Official Opening of Wellness Space @ Clementi Peaks |
| 3.30pm | Move It, Feel Young: Seated exercises for all ages (Health Promotion Board) |
| 3.30pm | Jazz Dance Showcase (Interest Group) |
| 4.00pm | Caring for your baby (National University Centre for Women and Children) |
| 4.30pm | Sleep Well: Tips for better rest (Ministry of Social and Family Development) |