

★ IT'S OUR GRAND OPENING! ★

JOIN US TO CELEBRATE

Wellness Space @Clementi Peaks

EXCLUSIVE
GOODIE BAGS
UP FOR GRABS!

PROGRAMME HIGHLIGHTS

KIDS FRINGE ACTIVITIES



GOODIE BAG REDEMPTION



CARNIVAL FOOD STATIONS



INTERACTIVE BOOTH & MORE!



HEALTH TALKS & STAGE PROGRAMMES

2.10pm	Learn the 5 Good Habits to stay healthy (NUHS Community Care Team)
2.50pm	Dance Showcase (My First Skool)
3.00pm	Official Opening of Wellness Space @ Clementi Peaks
3.30pm	Move It, Feel Young: Seated exercises for all ages (Health Promotion Board)
3.30pm	Jazz Dance Showcase (Interest Group)
4.00pm	Caring for your baby (National University Centre for Women and Children)
4.30pm	Sleep Well: Tips for better rest (Ministry of Social and Family Development)