

Updated on 8 Mar 2024

List of NUHS Community Events

S/N	Constituency	Event Name	Date / Day	Time	Event Venue	Registration Required	Contact Details (For Enquiries)
1	All	Monthly Caregiver Talk	Last Saturday of every month* (Except December, will be held 3 rd week of December)	1100 - 1200	ZOOM	Yes	https://for.sg/caregiver Email: JHCampus_Life@nuhs.edu.sg
2	Clementi	Breakfast, Learn & Kopi Chat @ Clementi CC	9 Mar 24, Sat	0830 - 1100	Clementi CC 220 Clementi Ave 4, S(129880)	Yes	Email: wecare_clementi@pa.gov.sg Tel: 6776 2517
3	Jurong GRC, Yuhua and Bukit Batok SMCs	EmpowerHER: Celebrating women's strength & resilience	10 Mar 24, Sun	0900 - 1230	Yuhua CC 90 Boon Lay Way, S(609958)	Yes	Email: pa_yuhuacc@pa.gov.sg Tel: 6560 4490
4	Hong Kah North	World Kidney Day 2024 at HKN CC	10 Mar 24, Sun	0900 - 1200	Hong Kah North CC 30 Bukit Batok Street 31, S(659440)	Yes	Email: pa_hongkahnorthcc@pa.gov.sg Tel: 6567 3130

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5	Buona Vista	Buona Vista AAC Mid-Day Moments	14 Mar 24, Thu	1500 - 1700	Buona Vista CC 36 Holland Drive, S(270036)	Yes	Email: pa_buonavistacc@pa.gov.sg Tel: 6777 4169
6	-	NUH Health Education Hub Lunchtime Talk - Why Is My Jaw Locked? – Keys to Temporomandibular Joint (TMJ) Health	15 Mar 24, Fri	1300 - 1400	Via Zoom Meeting ID: 965 7543 3620 Passcode: 326896	Yes	Register here: https://for.sg/nuh-heh-15mar24 For enquiries, please call 6772 2184 Details of events are subject to changes. Registration is strictly required.
7	Yew Tee	Silver Generation Carnival	16 Mar 24, Sat	0830 - 1130	Yew Tee CC 20 Choa Chu Kang Street 52, S(689286)	Yes	Email: pa_yewteecc@pa.gov.sg Tel: 6769 3672
8	Telok Blangah	Health Talk – My Healthy Plate ⁺	20 Mar 24, Wed	1030 - 1130	Dover Road RC (Void Deck) 4 Dover Road, S(130004)	Yes	Tel: 6912 7800
9	-	NUH Health Education Hub Lunchtime Talk - I Have Missing Teeth – What Are My Options?	22 Mar 24, Fri	1300 - 1400	Via Zoom Meeting ID: 924 4691 9083 Passcode: 453550	Yes	Register here: https://for.sg/nuh-heh-22mar24 For enquiries, please call 6772 2184 Details of events are subject to changes. Registration is strictly required.

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S/N	Constituency	Event Name	Date / Day	Time	Event Venue	Registration Required	Contact Details (For Enquiries)
10	-	Health on Track 2024	23 Mar 24, Sat	0900 - 1300	Ng Teng Fong General Hospital, Tower A, Level 1, 1 Jurong East Street 21, S(609606)	Yes	Register here: https://for.sgshot2024healthtalks
11	West Coast	West Coast Buka Puasa	31 Mar 24, Sat	0900 - 1200	West Coast CC 2 Clementi West St 2, S(129605)	Yes	Email: pa_Westcoastcc@pa.gov.sg Tel: 6779 1098
12	Jurong GRC, Yuhua and Bukit Batok SMCs	Tamil New Year Celebration	20 Apr 24, Sat	1830 - 2130	Clementi CC 220 Clementi Ave 4, S(129880)	Yes	Email: wecare_clementi@pa.gov.sg Tel: 6776 2517
13	Jurong Central	Health Talk – My Healthy Plate ⁺	23 Apr 24, Tue	1400 - 1500	NTUC Health AAC (Care) (Jurong Central Plaza) 493 Jurong West St 41, #02-01, S(640493)	Yes	Tel: 6256 3671
14	Brickland	Health Talk – Medication Management ⁺	30 Apr 24, Tue	1000 - 1100	Precious AAC (Sunshine Gardens) 488B Choa Chu Kang Ave 5, #01-145, S(682488)	Yes	Tel: 6219 7800

*Chronic Disease Screening is subjected to following eligibility criteria:

1. Singaporean
2. Aged 40 years old and above

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3. Have not done screening for chronic disease for the last 3 years
4. Do not have any existing chronic diseases (blood pressure, high cholesterol or diabetes)

*The entry requirement for attending these health talks is contingent upon adhering to the terms and conditions established by the active ageing centres involved.

Please note that listed events may be subject to changes without prior notice.